

Classic Shrimp Fried Rice RECIPE

### **Classic Shrimp Fried Rice**



<?xml version="1.0"?>

TIME

15 minutes

**INGREDIENTS** 

9 items

**MAKES** 

4 servings

Save on delivery fees and prep your favorite takeout shrimp fried rice in the comfort of your own kitchen! Bonus: leftovers make for the perfect next-day lunch.

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#### **INGREDIENTS**

- 2 tbsp vegetable oil
- 1 cup diced carrot
- 1 cup fresh or thawed frozen peas
- 1/3 cup sliced green onions, divided
- 8 oz medium shrimp, peeled, deveined and tails removed

- 2 pouches (each 8.8 oz) Ben's Original™ Ready Rice™ Long Grain White Rice
- 2 tbsp low-sodium soy sauce
- 1 tbsp sesame oil
- 4 eggs, whisked

#### INSTRUCTIONS

1. 1

Heat oil in large skillet set over medium-high heat. Add carrot, peas and half the green onions. Cook, stirring occasionally, for 5 to 7 minutes or until carrots are tender. Add shrimp and cook, stirring occasionally, for 2 to 3 minutes or until shrimp start to turn pink.

2. 2

Stir in rice, soy sauce and sesame oil. Cook, stirring frequently, for 1 to 2 minutes or until coated. Push rice mixture to one side of skillet.

3. 3

Pour whisked eggs into empty side of skillet. Cook eggs, stirring occasionally, for 3 to 4 minutes or until soft curds form and break up into smaller pieces. Stir rice mixture and scrambled eggs together until combined.

4. 4

Garnish with remaining green onions before serving.

5. \*

Tip: Omit shrimp and use vegan soy sauce for a vegetarian option if desired.

#### **NUTRITION**

CALORIES: 430TOTAL FAT: 19gSATURATED FAT: 3gTRANS FAT: 0g

• SODIUM: 520mg

TOTAL CARBOHYDRATES: 43g

DIETARY FIBER: 3gTOTAL SUGARS: 4gPROTEIN: 23g

#### **More Recipes Like This**



**Caribbean Style Wrap with Ben's Original™ 10 Medley** 

Cooking time

20

Ingredients

10 items

# SEE DETAILS

#### **Brown Rice with Spinach and Parmesan Cheese**

Cooking time

35 Minutes

Ingredients

10 items

#### **SEE DETAILS**

#### **Brown Rice & Apple Salad**

Cooking time

20 minutes

Ingredients

9 items

## SEE DETAILS



#### **Cheesy Chicken Broccoli Rice Bake**

Cooking time

45 Minutes

Ingredients

9 items

#### **SEE DETAILS**

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